

PATHWAYS TO DISCOVERING A **HealthierYou!**



Linda D. Bradley, MDChair and Founder of Celebrate SisterhoodSM

Honorary Co-chairs Anita D. Cosgrove, Esquire Lynnette Jackson, MBA Margaret W. Wong, Esquire

A Multicultural Women's Health & Wellness Summit

12 Years of Dedication to Multicultural Women's Health

Saturday, Oct. 17, 2015

Check-in: 8 a.m.

Program: 9:30 a.m. – 3:30 p.m.

Executive Caterers at Landerhaven

6111 Landerhaven Drive Mayfield Heights, OH 44124

KEYNOTE ADDRESS:

"This Is Your Do-Over: The 7 Secrets to Losing Weight, Living Longer and Getting a Second Chance at the Life You Want" — Michael F. Roizen, MD, New York Times best-selling author and Cleveland Clinic Chief Wellness Officer

PRESENTATION:

"Charting Your Path to a Healthier Heart" — Leslie Cho, MD, a prominent cardiologist and Director of the Cleveland Clinic Women's Cardiovascular Center

PANEL DISCUSSION:

"Everything You Wanted to Ask Your Gynecologist But Were Afraid to Ask"

- **Leonor Osorio, DO,** a bilingual Cleveland Clinic community internal medicine expert (Moderator)
- Linda D. Bradley, MD, Chair and Founder of Celebrate Sisterhood, a renowned Cleveland Clinic specialist on menstrual disorders and fibroids (Panelist)
- Margaret L. McKenzie, MD, a leading Cleveland Clinic surgeon, gynecologist and medical school educator (Panelist)
- Valerie Montgomery Rice, MD, President and Dean, Morehouse School of Medicine and a widely respected infertility specialist and researcher (Panelist)

Keynote Speaker

Special Guests



Michael F. Roizen, MD, Keynote Speaker



Valerie Montgomery Rice, MD



Margaret L. McKenzie, MD, Event Co-chair



Leonor Osorio, DO, Event Co-chair



Leslie Cho, MD



SO MUCH TO SEE, DO AND LEARN!

- Presentations and workshops
- · Health screenings
- "Ask the Doctor" information sessions
- Skin assessments
- Health information
- · Healthy diet advice
- · Healthy heart tips
- Product, food & healthcare exhibits
- Product samples

- Food tastings
- · Small business vendors
- · Book signings
- Recipes
- A multicultural, flavorful fall luncheon buffet
- · Colorful, useful conference bags
- Free parking
- · Lifestyle exhibits
- Raffle Prizes

SPACE IS LIMITED.

Advance registration required – no ticket sales at the door.

Registration fee: \$50 per person before Sept. 17, 2015 (early bird discount); \$60 per person Sept. 17 and thereafter. Pay by check, money order or credit card. All payments are non-refundable and non-transferable. If you have special menu or seating needs, please let us know when you register.

This conference sells out every year — register early to reserve your spot!

For more information or to register online, visit clevelandclinic.org/CelebrateSisterhood2015 or call 855.897.7727 (toll-free).